JOIN US FOR AN EDUCATION SPONSORED LUNCH
Thursday 8.16 Noon

LIGHT COLOR HEALTH and
ARCHITECTURAL LIGHTING

Architectural Lighting: Light is used to highlight the aesthetics of a space with care given to visual comfort and visual performance needs. Light also affects human health. It is a stimulus for regulating circadian rhythms, behavior, and other health functions. This course details the growing body of research connecting light, the receptors in our eye (the non-visual system) to many health functions. These human health aspects include circadian regulation, melatonin production, and neurotransmitter functions in the brain. 

1.0 AIA/CEU courtesy of the Presenter

Thursday, 8.16 Lunch and presentation promptly at noon
The GRILLE AT CALVARY - Monterey
3001 Monterey/ Salinas Highway, aka Highway 68
Lunch is your choice of the following: (no substitutions, please)

ENTRÉE OPTIONS

• Grilled Chicken Breast & Swiss cheese sandwich with grilled peppers and Balsamic glaze
• Latin Chopped Salad with Chicken or Tofu
• Grilled Portobello and Goat Cheese Sandwich

RSVP PLEASE
WITH YOUR LUNCH SELECTION BY TUESDAY 8.14 BY NOON TO:
aiamb@sbcglobal or 831.917.4694